

QU MBB EFFORT STATS

TEAM PLAYING:

DATE:

PLAYER	DEFENSIVE BLOCKOUTS	BALL PURSUIT	SHOT CONTEST	OFFENSIVE REBOUNDS ATTEMPTS	CHARGES	DEFLECTIONS	CLOSEOUTS +/- ROTATIONS	INDIV TOTALs
GIO	1, 0, 1, 0, 0, 1, 0, 1, 1, 0,	O, 1, 1, 1,	1,1,1,1,1,1, 0	0, 1, 1, 1, O, 1 0	O, 1, O	111111 = 6	0, 1, 1, 1, 0, 0, 0, 1	23/39 = 58%
DANNY								
JAMES								
DULI								
DONOVAN								
CHAISE								
AYRON								
DIMITRI								
Totals	ABOVE 70%	Above 80%	Above 70%	Above 70%	Above 70 %	40 or higher	Above 70%	Above 70%

Made HC about = EXTRA EFFORT & ACCOUNTABILITY ON “THE LITTLE THINGS”. FILM (EFFORT STATS)

3 Consecutive Championships and in 2001-02 Season became the # 1 in the Country for FG% Defense

Did AM Individuals= 40 min ... Working on Shot fake series, Dribble moves, turn outs, zippers, 1v1's !

Practice Drills = Shell Drill (track stops for 10 possessions) Always Winners & Losers 85 layups in 2 min...

½ Plays = Thumb down, Diamond, Wide, Zippers.

